

# 1. LEAVING HOME

## MAA A SUITCASE OF DREAMS

IRELAND JOURNEY BEGINS

Same roots. A wider world.  
A new chapter.  
A better tomorrow.

A suitcase of dreams...  
A heart full of memories...  
Stepping into the unknown...  
For a better tomorrow.

"Take care, MAA.  
Make us proud."  
— Da-Da (in spirit)

Same  
Values.  
A Bigger  
Purpose.



## CHAPTER 23

# MAA

## RETURN TO PAKISTAN

### A NEW BEGINNING... A BIGGER VISION

After many journeys across the world... MAA returns home with QuAbi, MAA1 and MAA2. — MAA

Islamabad

Home ❤️

Same soil...  
Deeper purpose...



Shifa International Hospital  
Islamabad

Joining Shifa...  
A new chapter to serve the children, build services and create opportunities for a healthier Pakistan. — MAA

"More than a job...  
A platform to build."

Care  
Learning  
Research  
Collaboration  
A Healthier  
Tomorrow

## 1. NCS – A NEW CENTER FOR TINY HEARTS

Early diagnosis  
Advanced care  
Interventions  
Surgery  
Research  
Training  
A complete pathway for every child.

NCS  
Pediatric Cardiac Center  
Care for Every Child

"A child should not have to wander between doors for treatment." — MAA

## 2. MY CHILD HEART FOUNDATION

Awareness  
Screening  
Support for needy families  
Treatment facilitation  
Community outreach  
A brighter chance for every child.

My Child Heart Foundation  
Hope for Every Little Heart

"No child's chance should disappear because the family is poor." — MAA

## 3. PARENTS & YOUNG DOCTORS EDUCATION

ECG and Echo training  
Practical workshops  
Clinical reasoning  
Research skills  
Ethics and compassion  
Multiplying knowledge  
Building future leaders

"A teacher multiplies his impact." — MAA

## 4. FAMILY

Time with Qu  
Growing with  
Caring for p  
Supporting  
Keeping our  
Because love  
to everything

The Next  
20 Years...

Plan  
Work  
Pray

Same purpose...  
Healthier children...  
Stronger families...  
A brighter Pakistan...

## CHAPTER 22

# MAA

## THE YEAR OF SURRENDER

FOUR WORLDS... ONE FAMILY...  
A DEEPER JOURNEY

Sometimes the biggest  
adventure is not about  
going further...  
but about letting go...  
and trusting a Bigger Plan."

— MAA

New places...  
New lessons...  
The same mission...  
A better me.

DUBAI  
MAKKAH  
MADINAH  
UK

AND BACK  
WITH A CLEARER  
HEART

## 1. DUBAI - THE CITY OF MIRRORS

A new world of opportunities...  
Tall buildings, bigger dreams...  
But also bigger questions...  
What truly matters?

"Ambition is good...  
but direction matters."

— MAA

## 3. MADINAH - THE CITY OF PEACE

A different kind of calm...  
Sakinah for the soul.  
Time to reflect...  
Time to be thankful...  
Time to be a better husband,  
father and human being.

PEACE  
PATIENCE  
FAMILY  
FAITH

A BRIGHTER TOMORROW

## 4. UNITED KINGDOM - A NEW CHAPTER

A new environment...  
New schools, new routines...  
Exciting, but challenging.  
Not every opportunity  
must become your destination.

Sometimes walking away  
requires more courage  
than continuing.

— MAA

## 6. THE DECISION - TURNING HOME

Not a failure...  
Not the end

Sometimes

Lessons from the Journey

Different  
Journeys...  
Same Purpose...  
A Brighter World.

## Da-Da

The Guardian  
Builder of Futures

Discipline  
Education  
Responsibility  
Sacrifice  
Love

## Da-Ba

The Great Warrior  
Seeker of a Better World

Courage  
Wisdom  
Service  
Adaptability  
Protection

## MAA1

The Explorer  
Curious Mind, Bigger Horizons

Learner  
Creative  
Determined  
Big Dreams

## MAA

The Heart Warrior  
Healing Little Hearts

## CHAPTER 23

# MAA

THE VISION AWAKENS

BUILDING A BRIGHTER PAKISTAN,  
TOGETHER

- ➔ ONE FAMILY
- ➔ ONE PURPOSE
- ➔ MANY HEARTS

MAA  
The Heart Warrior

QuAbi  
The Magical  
Chocolate Girl

MAA1  
The Curious  
Explorer

MAA2  
The Little Comet

## 1. RETURN TO PAKISTAN – A NEW BEGINNING

Home is not just  
a place... it is  
a purpose.

Islamabad  
Our Home ❤️

## 3. WRITING BOOKS – KNOWLEDGE THAT TRAVELS



## 4. MY CHILD HEART FOUNDATION – HOPE FOR EVERY CHILD



## 5. MENTORING YOUNG DOCTORS – MU



## 7. CARING FOR ROOTS

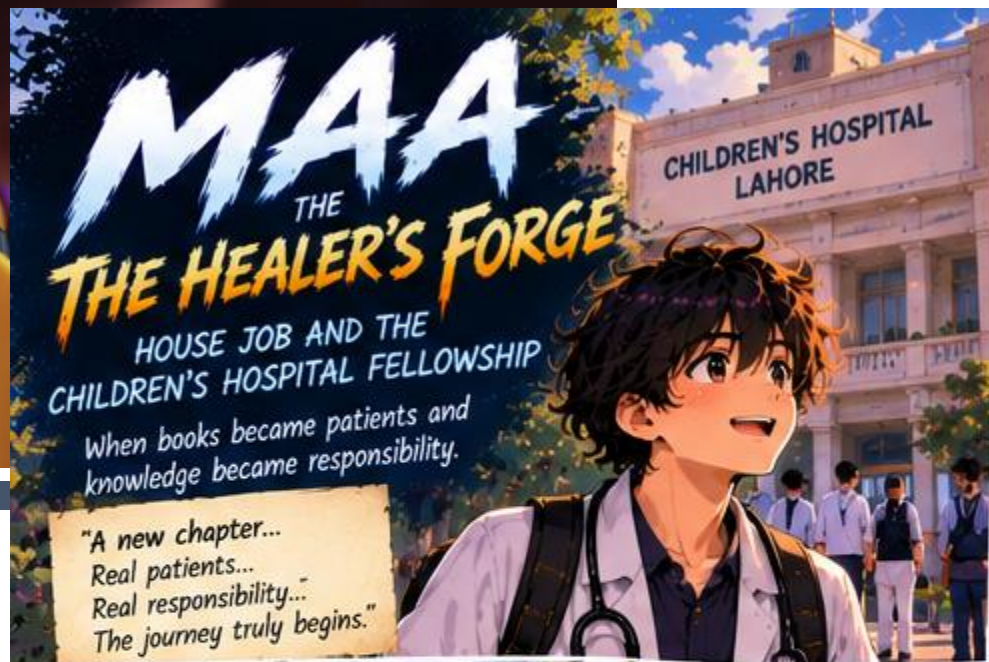


## 8. SOCIAL CHANGE – BEYOND MEDICINE



## 9. T





## CHAPTER 17

# MAA

## TO SUKKUR AND BEYOND

ANOTHER JOURNEY. DEEPER ROOTS.  
THE RIVER, THE HISTORY, THE PEOPLE.

New places...  
Old civilizations...  
The same quest...  
To learn, to understand,  
to serve.

Lahore ↓  
Sukkur 582 km  
Larkana 620 km  
A larger Pakistan  
A deeper story

### 1. ON THE ROAD TO SINDH

Leaving the familiar...  
Moving towards the ancient...  
Different landscapes...  
Same people...  
Same hopes...  
A bigger Pakistan.

"The more you travel,  
the more you see  
how connected  
we all are."  
— MAA

### 2. SUKKUR – CITY OF BRIDGES

Sukkur...  
Where the river flows strong  
and the bridges connect people,  
places and possibilities.

"Rivers are like knowledge...  
They keep moving,  
They connect worlds."  
— MAA

### 4. LARKANA – LAND OF LEADERS AND LEARNING

Larkana...  
A land of courage...  
A land of ideas...  
A land that has given  
leaders to Pakistan.

LARKANA لاڙکانہ



Ideas shape nations.  
So do compassionate  
people.

"Every place has a story...  
Every story has lessons...  
For a better tomorrow."

### 5. MOHENJO-DARO – THE ANCIENT CITY

Mohjiu Daro...  
A civilization thousands of years old...  
Advanced cities... Planned streets...  
Drainage systems... Public baths...  
A remarkable people...

MOHENJO-DARO  
A WORLD HERITAGE SITE  
A CIVILIZATION OF  
KNOWLEDGE, PLANNING  
AND COMMUNITY  
c. 2500–1900 BCE

"The past reminds us  
that our land has a long  
history of knowledge,  
innovation and organized  
societies."  
— MAA

### 6. LESSONS FROM A LOST CIVILIZATION

They built cities...  
Managed water...  
Cared about hygiene...  
Planned for communities...  
We can learn from them even today.

"Civilizations do not last  
because of buildings alone...  
But because of values,  
knowledge and people."  
— MAA

### 8. PEOPLE OF SINDH

Warm people...  
Rich culture...  
Music, poetry, resilience...  
Sindh welcomes with heart.

### 9. THE RIVER AT SUNSET

As the sun sets over the Indus...  
The journey feels bigger than me...  
From ancient civilizations to modern Pakistan...  
From history to healthcare...  
Everything is connected.

### 10. A DEEPER PURPOSE

These journeys remind me why  
I tie understand my country...  
To respect its history...  
To serve its children...  
To contribute to a healthier

# MAA

AND THE

## LIGHT WITHIN

The Beginning of a Spiritual Quest  
With Auntie Zainee and Master QAS

"Some teachers enter  
your life so quietly,  
but their lessons  
stay forever."

"Where is the treasure  
in this book?"

"It takes time, MAA.  
Not every seed grows  
the day it is planted.."

Auntie Zainee  
The Guardian  
of the First Words

"Some treasure  
makes you shine  
from inside."

Mas  
The  
the S

"Whe  
is va  
do n  
ca



THE SEEDS OF SHAOOR

A brighter self

# MAA

## SCHOOL MEMORIES

RUNNING... CLIMBING... EXPLORING...  
THE FIRST LESSONS OF LIFE

Before the  
great adventures...  
there was school.  
And a playground  
that taught me  
to move, to try,  
and to never give up.

### 2. CLIMBING TREES OBSERVATION

Look. Plan.  
Find the next branch.  
The best view comes  
after the effort.

GOVT. PRIMARY SCHOOL

Same bag...  
Same dreams...  
A brighter day  
ahead!

### 1. RUNNING SPEED

### 3. THE GREAT WALL COURAGE + PLANNING

Run.  
Jump.  
Try again.  
Don't give up!

Before climbing  
a wall, think  
about how to  
get down too!

### 5. FRIENDS ALONG THE WAY TEAMWORK

No warrior  
climbs alone.

### THE VIEW FROM ABOVE CURIOSITY

What is beyond?  
A bigger world.  
More to learn.  
More to explore.

# 11. RETURNING WITH PURPOSE

Not the same person  
who left...  
More knowledge...  
More humility...  
A clearer purpose...  
Home again, with something  
to give back.



KNOWLEDGE



EXPERIENCE



HUMILITY



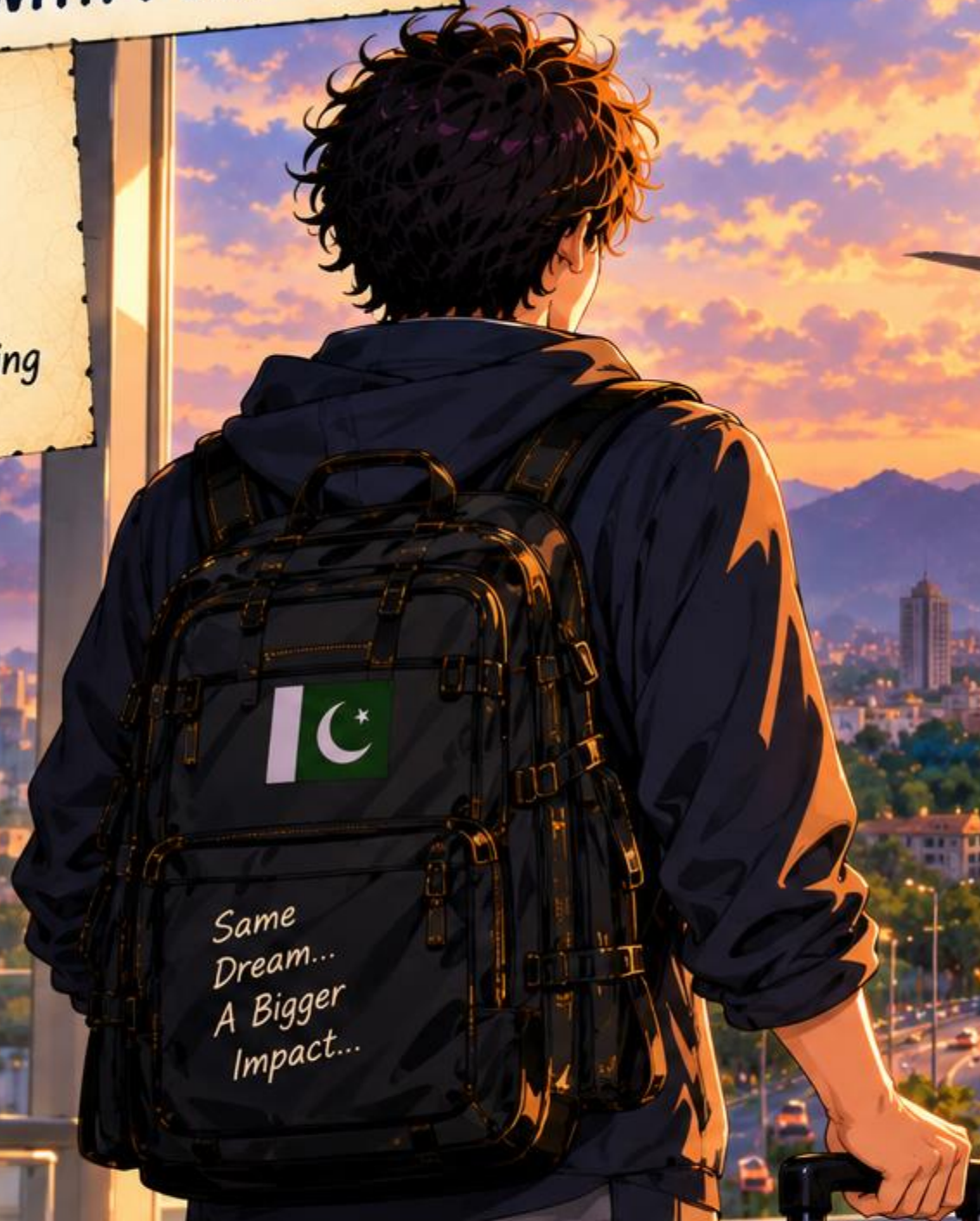
A WIDER PERSPECTIVE



BETTER SKILLS



A STRONGER PURPOSE



Introducing

# QuAbi

The Magical Chocolate Girl

*Courage in her heart, healing in her hands*



Dreamer



Doctor



Warrior's Daughter



Healer of Little Minds



Partner in Life



Stronger Than the Storm

*"Some people bring light  
into your life not by being  
perfect, but by being real."*

— MAA

*"Healing  
children's minds...  
with a little  
bit of chocolate  
and a lot of hope."*



**QuAbi**  
Magical Chocolate Girl

Chunian  
Where it began...



Kasur  
Early memories...



Lahore  
New horizons...



Attock  
More changes...



Jhelum  
FSc at APS...



KIPS Academy  
Preparing for a bigger dream...



King Edward Medical Univ  
The journey continues...



# QuAbi AND THE GOLDEN BUTTERFLY

A QUEST BEYOND POSSESSION...  
A LEGACY BEYOND SELF.

A Girl  
A Butterfly  
A Seed  
A Kinder World...

"Not all who wander  
are lost. Some are  
on their way to a  
brighter purpose."  
— QuAbi

Follow  
Golden  
Not  
But  
wha  
m

## 1. THE CHASE BEGINS



Some dreams  
make you run  
faster..."

## 2. THE FOREST OF CHOICES



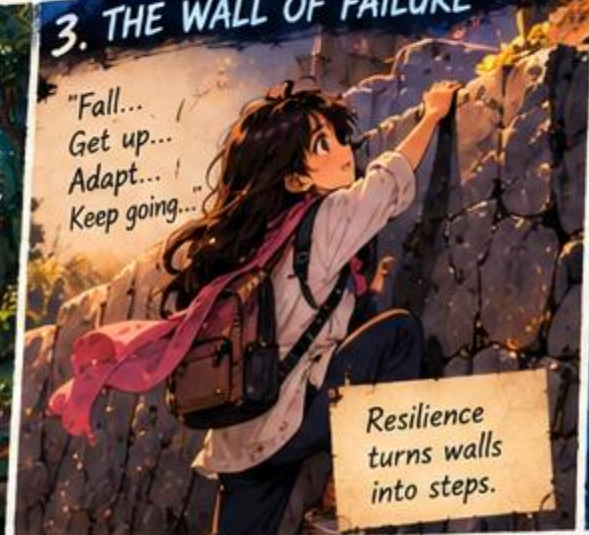
SUCCESS

COMFORT

PURPOSE

Easy roads  
lead to comfort...  
Brave hearts  
choose purpose.

## 3. THE WALL OF FAILURE



"Fall...  
Get up...  
Adapt...  
Keep going..."

Resilience  
turns walls  
into steps.

4. T

Expecta  
Perfect  
Pressur  
Be ever  
Be ever

## 6. PLANTING THE GOLDEN SEED



Some things  
do not grow  
instantly...  
— Da-Ba

## 7. THE GOLDEN TREE



A tree of  
Knowledge  
Compassion  
Service

Two generations...  
One purpose...  
A kinder world.

8. THE



# MAA2

The Cheerful Explorer

Younger Son of MAA & QuAbi

"Small steps...  
Big dreams!"



## My Goals:

- ☒ Learn Quran
- ☒ Be a good Muslim
- ☒ Study well
- ☒ Play sports
- ☒ Be kind and helpful
- ☒ Make my parents proud
- ☒ Explore the world



QUR'AN

SCIENCE

ADVENTURE

HEALTHY HABITS

GOOD MANNERS



Kind People  
Brighter  
World



Dream  
Explore  
Learn  
Be Kind  
— MAA2

Closer to Allah  
A calmer me



Play  
Move  
Stay Strong

Create  
Imagine  
Explore

# MAA1

THE EXPLORER  
OLDER SON OF MAA & QUABI

*"Different  
Ideas  
A Brighter  
Tomorrow"*



Learner



Gamer



Artist



Sports Lover



Caring Brother



Future Leader



Big Dreams

STRENGTH:  
KINDNESS

SUPERPOWER:  
CURIOSITY

MISSION:

Better  
Questions  
A Brighter  
World



A STRONGER  
TOMORROW  
IN MY HANDS

SCIENCE

TECHNOLOGY

ART

ISLAM

LEADERSHIP

Future  
Loading

My Goals:

- ✓ Excel in studies
- ✓ Improve my skills
- ✓ Be a good brother
- ✓ Make my parents

# MAA's Vision

"Tiny Hearts... Brighter Tomorrows...  
A Stronger Pakistan"

## 1. CLINICAL EXCELLENCE AT SHIFA



Different paths...  
One purpose...  
For every child,  
for a better tomorrow.

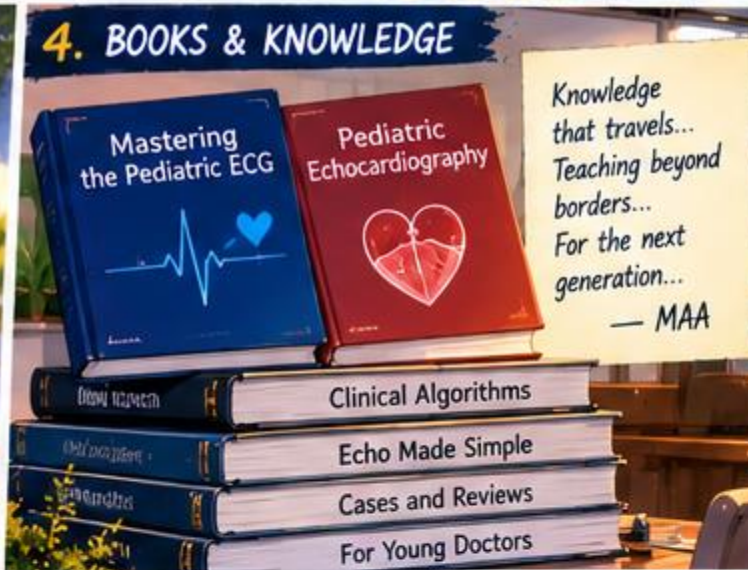
— MAA

A BRIGHTER PAKISTAN  
FOR EVERY CHILD

## 3. MY CHILD HEART FOUNDATION



## 4. BOOKS & KNOWLEDGE



## 5. PARENTS & YOUNG DOCTORS



## 7. CARE FOR PARENTS & SIBLINGS

## 8. SOCIAL CONTRIBUTION & CHANGE

# MAA

## THE KIPS BATTLE

DREAM. DISCIPLINE. DETERMINATION.  
Preparing for the Medical Entry Test

"A new chapter...  
New challenges...  
"Closer to my dream."

# KIPS

PREPARATION FOR A BRIGHTER TOMORROW

"Same boy...  
A bigger dream.."

### 1. THE FIRST DAY

So many brilliant students...  
The competition is real...  
I am just one among thousands...  
But I will try. Again."

Beginner again...  
And that's okay.

### 3. STUDY ROUTINE

- ☒ Study
- ☒ Practice MCQs
- ☒ Revise mistakes
- ☒ Stay consistent
- ☒ Pray
- ☒ Repeat..."

Discipline today...  
A better tomorrow.

### 4. FRIENDS IN THE JOURNEY

Haji  
The quiet compass

MAA  
The dreamer

Tulla  
The brother of a  
thousand laughs.

Friends  
Make  
The  
Journey  
Lighter

Good Friends  
Better  
Futures

"Same books...  
Different strengths...  
A stronger team.

### 5. MOCK

- ☒ Attempt
- ☒ Analyze
- ☒ Learn
- ☒ Improve
- ☒ Repeat

### 7. THE NIGHT BEFORE

"I have prepared...  
Now I trust Allah  
with the result."

### 8. THE ENTRY TEST

One paper...  
Thousands of dreams...  
Time is running...  
Focus. Breathe. Choose.

## MEDICAL ENTRY TEST

GOOD  
DOCTORS  
BRIGHTER  
PAKISTAN

### 9. THE R

# MAA

## ARRIVES IN KARACHI

### THE CALL OF TINY HEARTS

The train rolled into Karachi beneath a sky washed with the pale gold of evening. MAA stepped onto the platform carrying a modest suitcase, a stack of medical dreams, and a strange nervousness that comes when life is about to change direction.

Behind him were Lahorian, KEMU, years of pediatrics, and the lessons of distant Eireland.

Ahead waited a city that seemed determined never to sleep.

KARACHI کراچی

Before beginning his fellowship, MAA went to see the Arabian Sea.

At sunset, he stood silently on the shore. Waves rushed toward him, broke against the sand, retreated, and returned.

Again.

The word made him smile. It was Da-Da's oldest lesson.

"Same wa  
New beg

The sea seemed  
yet MAA's com  
would be extr  
the world of t

NICVD   
NATIONAL INSTITUTE OF CARDIOVASCULAR DISEASES  
HEALTHIER HEARTS BRIGHTER TOMORROWS

The next morning, he entered the great Heart Fortress.

The corridors led him toward echocardiography monitors

TINY  
HEARTS  
STRONGER  
TOMORROWS

Then he saw his first little patient: a small child resting in a mother's arms, unaware of the complicated battle taking place inside his chest.

## CHAPTER 20

# MAA

## THE EIGHT ROADS OF HEALING

ONE MISSION...  
MANY CITIES...  
COUNTLESS TINY HEARTS

Different roads...  
Same purpose...  
Healthy children...  
A brighter Pakistan.

Sialkot  
Lahore  
Wazirabad  
Kharian  
Jhelum  
Chakwal  
Rawalpindi  
Islamabad

### 1. SIALKOT – THE CITY OF ENTERPRISE

## SIALKOT

A CITY THAT BUILDS

A concerned father...  
A tiny murmur...  
A clear diagnosis...  
And a plan for the future.  
Turning concern  
into understanding.

"Good medicine  
gives answers  
and a path forward."  
— MAA

### 2. LAHORE – HOME OF BEGINNINGS

## LAHORE

A CITY OF KNOWLEDGE  
AND CULTURE

Back to the city  
that shaped my dreams...  
Student... trainee...  
teacher... and now  
a pediatric cardiologist.  
Same city, a bigger purpose.

"Never stop  
becoming."  
— MAA

### 3. WAZIRABAD

## WAZIRABAD

PEOPLE

So many reports...  
So much confusion...  
Families needed  
from uncertainty...  
Listening, explaining...  
connecting the dots.

"Be the bridge  
between fear  
and a better future."

### 5. JHELMUM – THE RIVER CLINIC

## JHELMUM

FLOWING TOWARDS  
HEALTHIER GENERATIONS

Along the river...  
Families from far away...  
Early diagnoses...  
Stronger referral pathways.  
No child should be lost  
between the streams.

"Healing must flow."  
— MAA

## EIGHT CITIES ONE MISSION HEALTHIER TOMORROWS



Different people...  
Different places...  
Same dream...  
Tiny hearts...  
A brighter future.

A NETWORK OF  
FOR EVERY CHILD

### 7. RAWALPINDI – WHERE THE NUMBERS GREW

## RAWALPINDI

BUSY ROADS  
BIGGER RESPONSIBILITY

More children...  
More complex cases...  
More hope...  
But always remember —  
this is not just an echo,

### 8. ISLAMABAD – THE VISION AHEAD

## ISLAMABAD

A HEALTHIER PAKISTAN

## CHAPTER 19

# MAA

## IN SWAT VALLEY

TAKING HEART CARE BEYOND  
THE CITIES

SWAT  
Welcomes You  
سر سیز سوات

A new destination...  
Same purpose...  
For the children...  
A healthier Pakistan.

### 1. THE JOURNEY NORTH

Leaving Islamabad behind,  
the road climbed higher.  
Mountains, rivers, and  
new hope...  
Another step toward  
a bigger mission.

"Different places...  
Same children...  
Same dreams."  
— MAA

### 2. ARRIVAL IN SWAT

Swat Children's  
OPD

Health  
Brighter

A simple clinic...  
But a world of trust.  
Families had travelled far  
for their children.  
The responsibility  
felt real.

### 4. ECHOVISION IN THE MOUNTAINS

The same skills  
learned in Karachi...  
Now bringing answers  
to the children of Swat.

Technology becomes  
meaningful when it  
reaches the child  
who needs it most.

### 5. FAMILIES OF THE VALLEY

They travelled long distances...  
Through mountains and difficult roads...  
For one hope — a healthier child.

Their trust is a gift.  
It keeps me going.  
— MAA

### 6. MORE CHILDREN, GREATER

A tiny heart...

A new chance...

Different faces...  
Same hope...  
Healthy hearts for ever.

From Karachi to Islamabad...  
To Swat.

"Small clinic...

# MAA

## AND THE STREET WARRIORS

### THE JOURNEY OF TWO WORLDS

Different  
Worlds...  
Same Friends...  
Stronger Together.



A magical  
watermelon  
opens the door  
to Aquara.

Small Friends... Big Adventures...  
A Brighter World.

## 1. THE WATER WORLD

### THE WATERMELON OF BREATH



**AQUARA**  
The Kingdom Beneath the Water



The Pearl of Calm  
"Not how long you hold your breath,  
but how calm you remain within."

## 2. THE AIR W

### THE FLYING B



Sometimes  
a simple bicycle  
can take you  
to extraordinary  
places.

# MAA

## AND THE GOLDEN UNIVERSITY OF LAHORIAN

A NEW HORIZON  
Two years. New friends. A bigger world.

Leaving the familiar  
behind...  
Stepping into  
a greater horizon.

A new city...  
A new world...  
A bigger me...

UNIVERSITY OF THE PUNJAB

### 1. ARRIVAL IN LAHORIAN

"So much...  
So much...  
I am just...  
And then...  
A big...  
mean..."

### 3. MEET HAJI

**Haji**  
The quiet compass.  
He reminds us  
not to lose ourselves  
while chasing  
our dreams.

"Different  
personalities...  
A stronger team."

### 4. THE THREE FRIENDS

Three friends...  
One dream...  
Different strengths...  
A lifelong bond.

Big talks...  
Bigger questions...  
And a bright  
tomorrow.

### 6. LAHORIAN LIFE

CHAI  
DISCUSSIONS  
BETTER IDEAS

From classrooms  
to chai...  
From water to life lessons...

"Good friends"

### 7. THE BIGGER QUESTIONS

Why are opportunities unequal?  
What kind of doctor do I want to be?  
Can I make a difference?  
What is the purpose of my knowledge?"

Lahorian didn't just  
teach subjects...  
It taught me to ask  
bigger questions.

### 8. THE BATTLE

# MAA

## AND THE FIRE WORLD

### THE TRIAL OF THE BURNING HEART WITH MASTER KHAA

Control Yourself...  
Create a Kinder World.



IGN  
THE FI  
"Not e  
th  
so

### THE FIVE FLAMES

ANGER

GREED

PRIDE

JEALOUSY

FEAR

"Fire is not evil. It depends  
on how you it."



### THE TRIAL OF ANGER

"He's not  
the leader..."

You always  
want to be  
better..."

You are  
nothing..."

You will  
fail..."

STOP.  
BREATHE.  
CHOOSE.

This is the real  
strength.



### THE RAGE BEAST

"It grows when  
you fight it...  
but becomes weak  
when you stay calm."



"Knowledge without  
character is dangerous.  
Strength without compassion  
is cruelty. Leadership without  
self-control is tyranny.  
But together... they create  
a healer."

— Mester KHAA



## CHAPTER 18

# MAA LANDS IN ISLAMABAD

GREAT AMBITIONS...  
A NEW BATTLE FOR IDENTITY

After years of training,  
the journey continued...  
From Karachi's shores  
to the capital of dreams.  
Same purpose...  
A bigger responsibility...

Welcome to  
**ISLAMABAD**  
A City of Peace  
A Brighter Pakistan

## 1. A CITY OF POSSIBILITIES

The Margalla Hills stood tall,  
reminding me to keep climbing.  
A new city.  
New opportunities.  
New dreams.

"Higher horizons  
require a stronger y  
— MA

## 3. ONE CHILD AT A TIME

A small child.  
A big story.  
A tiny heart.  
A huge responsibility.

"Every child  
reminds me why  
I chose this path."  
— MAA

## 4. BUILDING THE TRIBE

TEAMWORK  
TRAINING  
RESEARCH  
BETTER CARE  
FOR EVERY CHILD

The mission is bigger than me.  
We build together.  
Colleagues, nurses, students, families...  
A stronger team for stronger hearts.

## 5.

Li  
SI  
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S  
T

Islamabad taught me patience.  
Karachi taught me skill

"Some skies..."

# CHAPTER 15

# MAA

# AT KEMU

## THE STUDENT RETURNS AS A MENTOR

Same corridors...  
A deeper purpose...  
The journey continues...

KING EDWARD  
MEDICAL UNIVERSITY  
**KEMU**  
LAHORE  
ESTD. 1860

### 1. A FAMILIAR GATE, A NEW ROLE

KING EDWARD MEDICAL UNIVERSITY  
**KEMU**

Enter to Learn  
Leave to Serve

Once a student...  
Now a mentor.  
Different shoes...  
The same dream.

### 2. THE MAGIC OF K

Ancient walls...  
Thousands of stories...  
Generations of healers...  
A magical university  
where dreams never die.

### 4. WITH THE NEXT GENERATION

Curious minds...  
Bright questions...  
Future doctors.  
A responsibility  
greater than any exam.

"A good teacher  
doesn't just give answers...  
He helps others ask better questions."

### 5. LESSONS FROM EIRELAND

PATIENT SAFETY  
CLINICAL SYSTEMS  
TEAMWORK  
COMMUNICATION  
BRINGING CHANGE

New systems...  
New perspectives...  
What can we learn?  
And how can we  
make it work here?

Not to copy...  
But to adapt...  
To improve...  
For our people.

### 6. A STRUGGLING STUDENT

Not understanding  
today doesn't mean  
you cannot become  
great tomorrow."  
— MAA

### 8. THE EMPTY LECTURE HALL

### 9. SAME CORRIDORS, NEW DREAMS

GOOD  
DOCTORS  
HEAL PEOPLE.  
—  
GREAT  
TEACHERS

### 10. KEMU – A LIFETIME OF



Knowledge



Mentorship



Compassion

# MAA

## AND THE STREET WARRIORS

SMALL FRIENDS... BIG ADVENTURES...  
A BRIGHTER WORLD.



### 1. THE SPARROW'S GOLDEN EGG



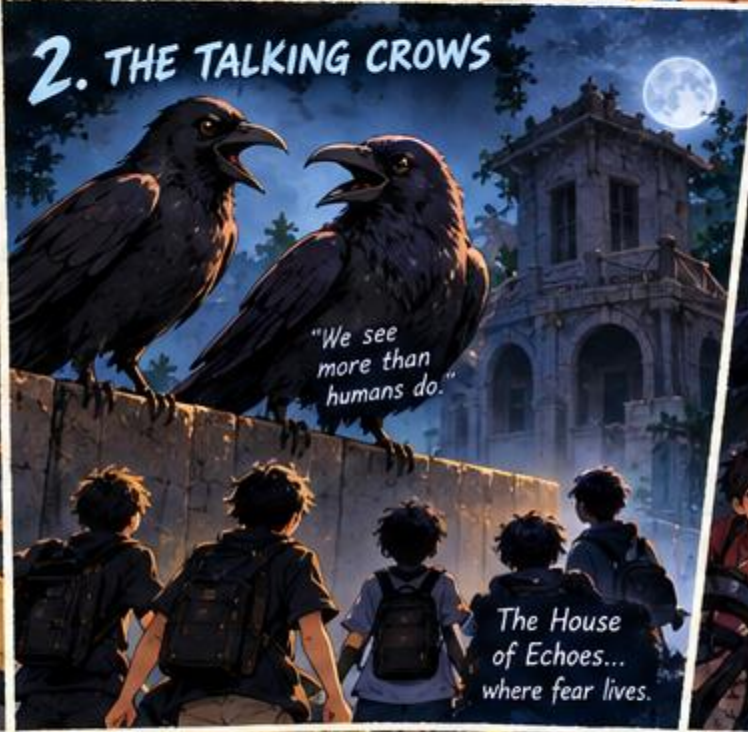
A tiny egg...  
A golden surprise...  
The beginning  
of Hope.

  
GIFT OF HOPE



Small wings  
can still cross  
enormous skies.

### 2. THE TALKING CROWS



"We see  
more than  
humans do."

The House  
of Echoes...  
where fear lives.

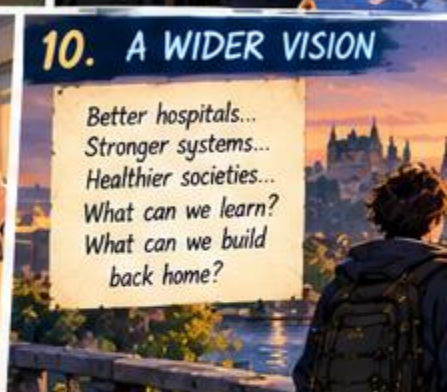
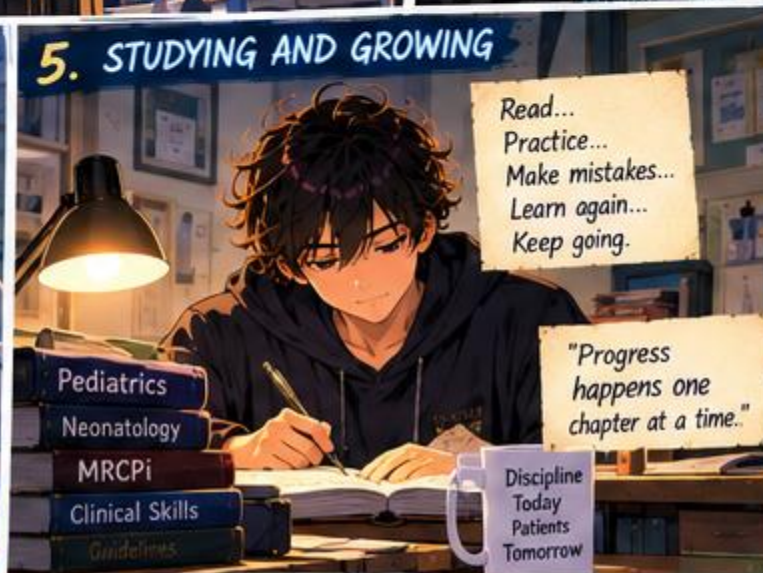


### THE DEVOURER



We protect  
what matters...  
We don't leave  
a friend behind.





## CHAPTER 16

# MAA TO KARACHI

FELLOWSHIP OF  
TINY HEARTS

New city...  
New challenges...  
The heart still calls...

"Same purpose...  
A bigger journey...  
For the children  
of Pakistan."

### 1. ARRIVAL IN KARACHI

A city of the sea...  
A city of dreams...  
Where Pakistan  
meets the world.

"The Arabian Sea  
reminds you that  
horizons are meant  
to be crossed."

— MAA

### 3. THE TINY HEART WARRIORS

Small hearts...  
Big struggles...  
Even bigger courage.

"Every child  
is someone's  
entire world."

### 4. THE ECHO ORACLE

See what the eyes  
cannot see...  
Understand the  
story within..."

"Seeing is easy.  
Understanding  
is the real skill."  
— MAA

### 5. INSIDE THE CATH LAB

A tiny device...  
A life-changing result...  
Science in the service  
of children.

"Na  
Int  
wh

### 7. THE CHALLENGES

Long hours...  
Difficult cases...  
Moments of doubt...  
But always...

Again.  
— Da-Da

### 8. LESSONS FROM THE SEA

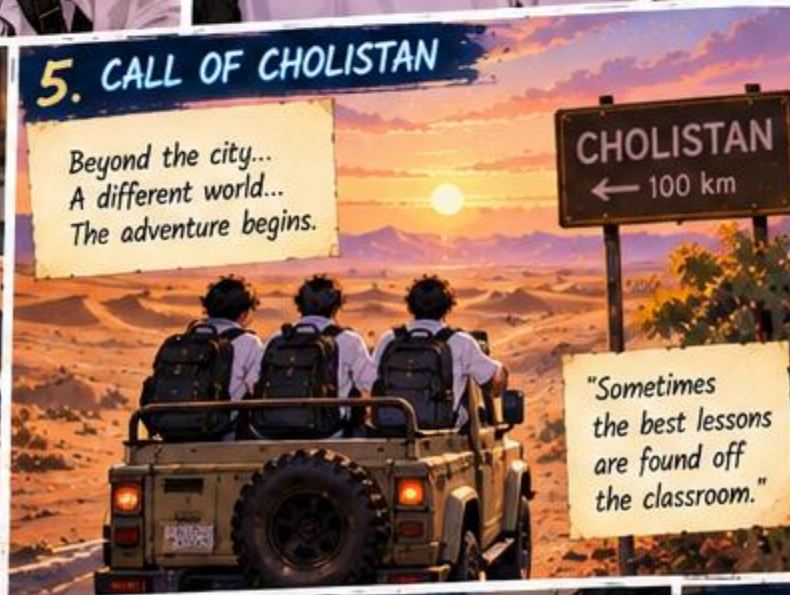
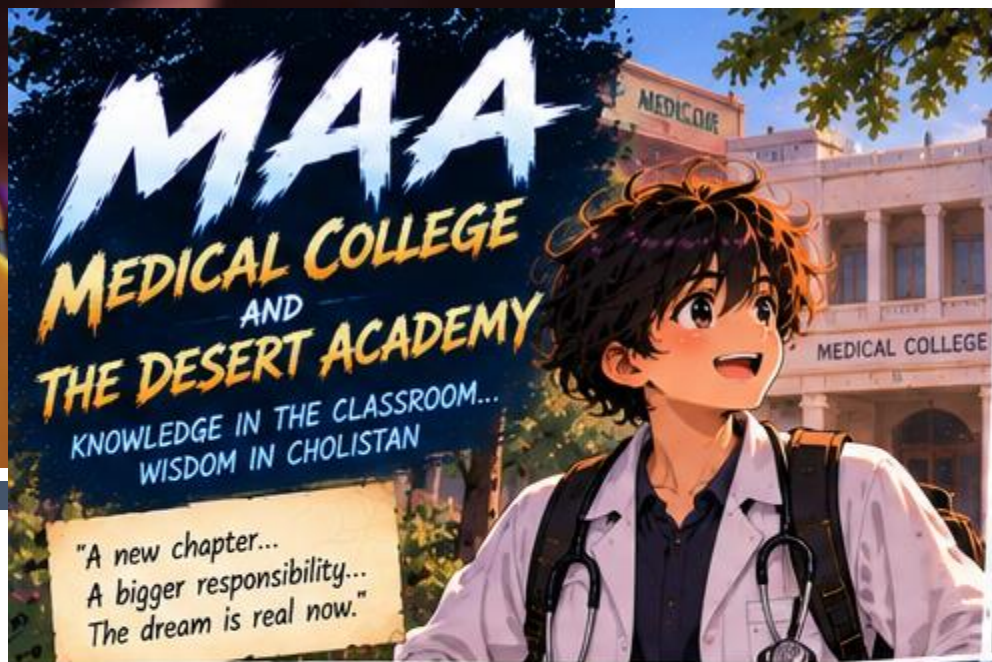
"Wave after wave...  
Patience... Repetition...  
Expertise is built  
one step at a time."

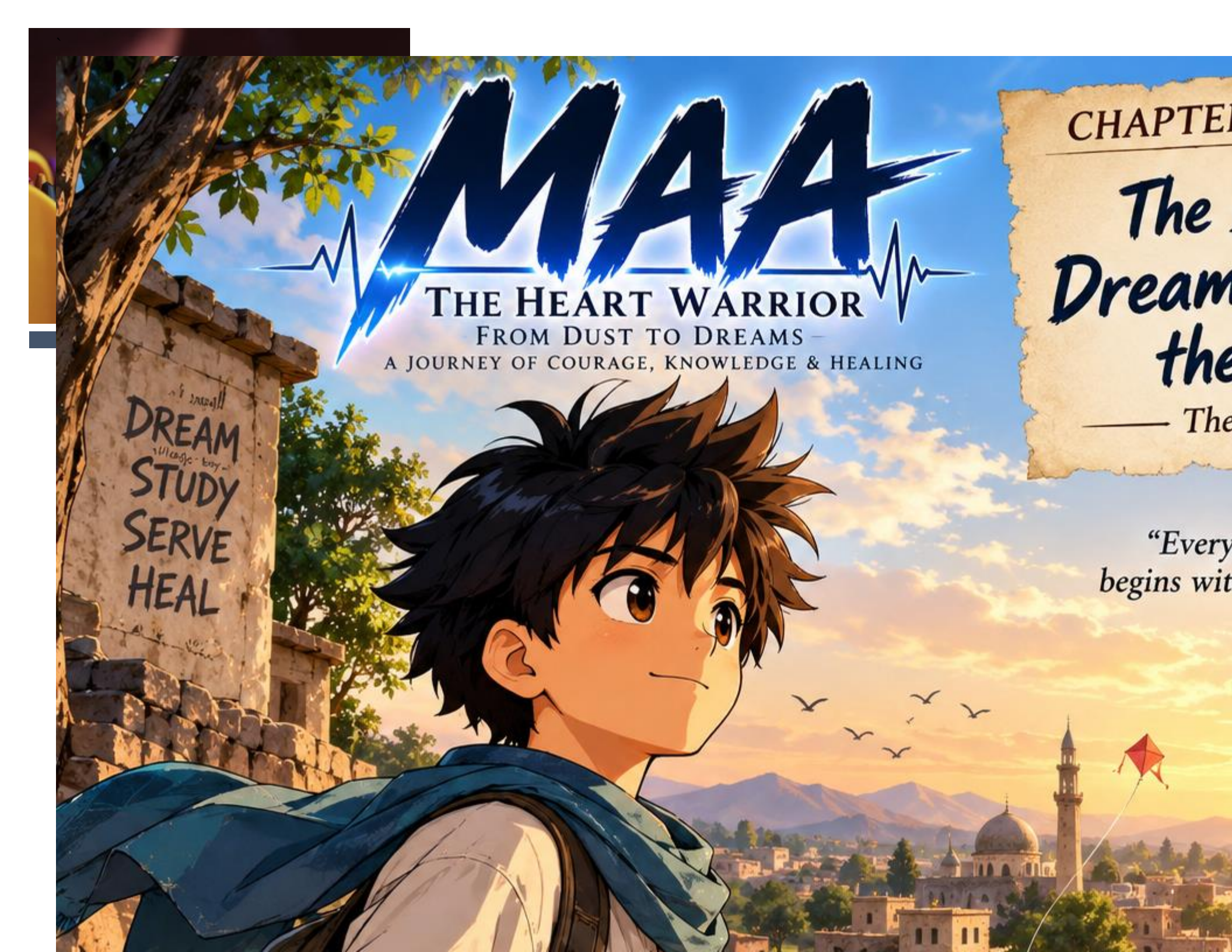
"Like the sea,

### 9. A HEALTHIER PAKISTAN

"Not just to treat  
a few children...  
But to create a path  
so every child can  
reach healing."

TINY H





# MAA

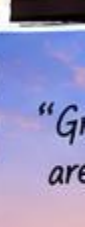
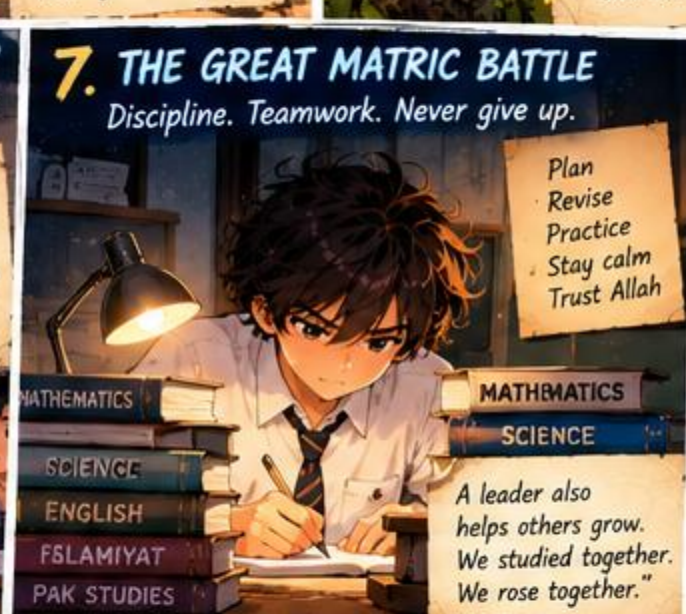
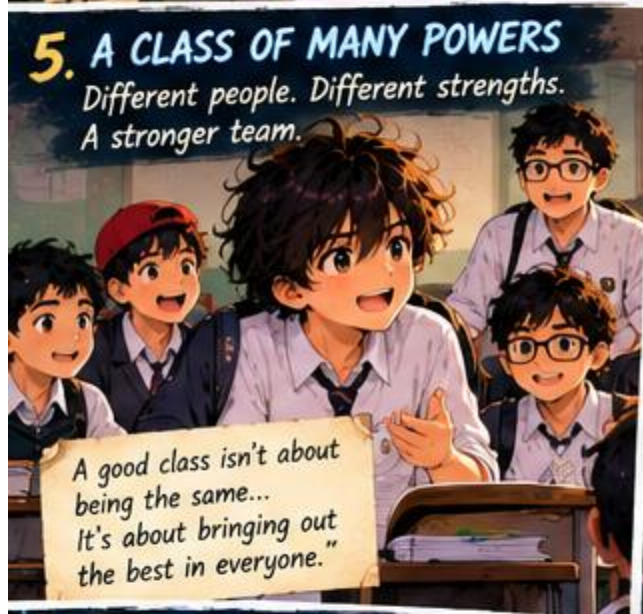
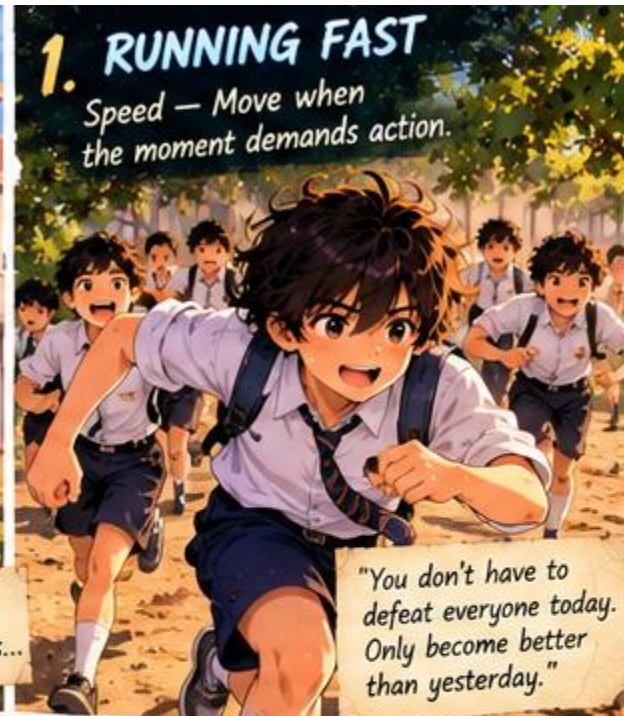
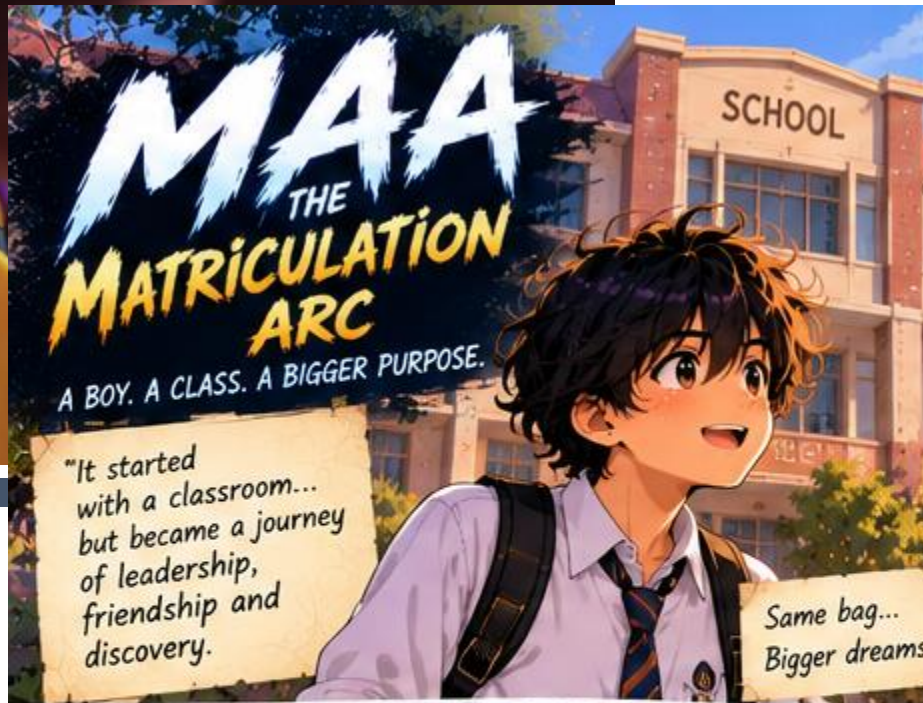
THE HEART WARRIOR  
FROM DUST TO DREAMS —  
A JOURNEY OF COURAGE, KNOWLEDGE & HEALING

CHAPTER

The  
Dream  
the  
— The

“Every  
begins with

DREAM  
STUDY  
SERVE  
HEAL



# DA-DA

## The Guardian

*A Simple Man  
with an Extraordinary Purpose*

"Again."  
"Again."  
"Again."  
"Until you get it right."

— Da-Da

### His Tools

- A Notebook
- A Pencil
- Hard Work
- Patience
- Responsibility
- Faith
- A Bigger Vision

BETTER  
PEOPLE  
BRIGHTER  
TOMORROW

He didn't  
just raise a son...  
He trained a  
Heart Warrior.

DA-DA

Discipline



INTRODUCING

# DA-BA

## THE GREAT WARRIOR

A MAN WHO LEFT HIS HOME  
TO SAVE HIS FAMILY...  
AND KEPT A KINGDOM OF VALUES  
ALIVE IN HIS HEART.

"Sometimes the greatest  
warriors are not those who  
conquer lands, but those who  
sacrifice them for the people  
they love."

### DA-BA



Tribe: The Forgotten Ones



Power: Wisdom, Courage,  
Service



Profession: Healer



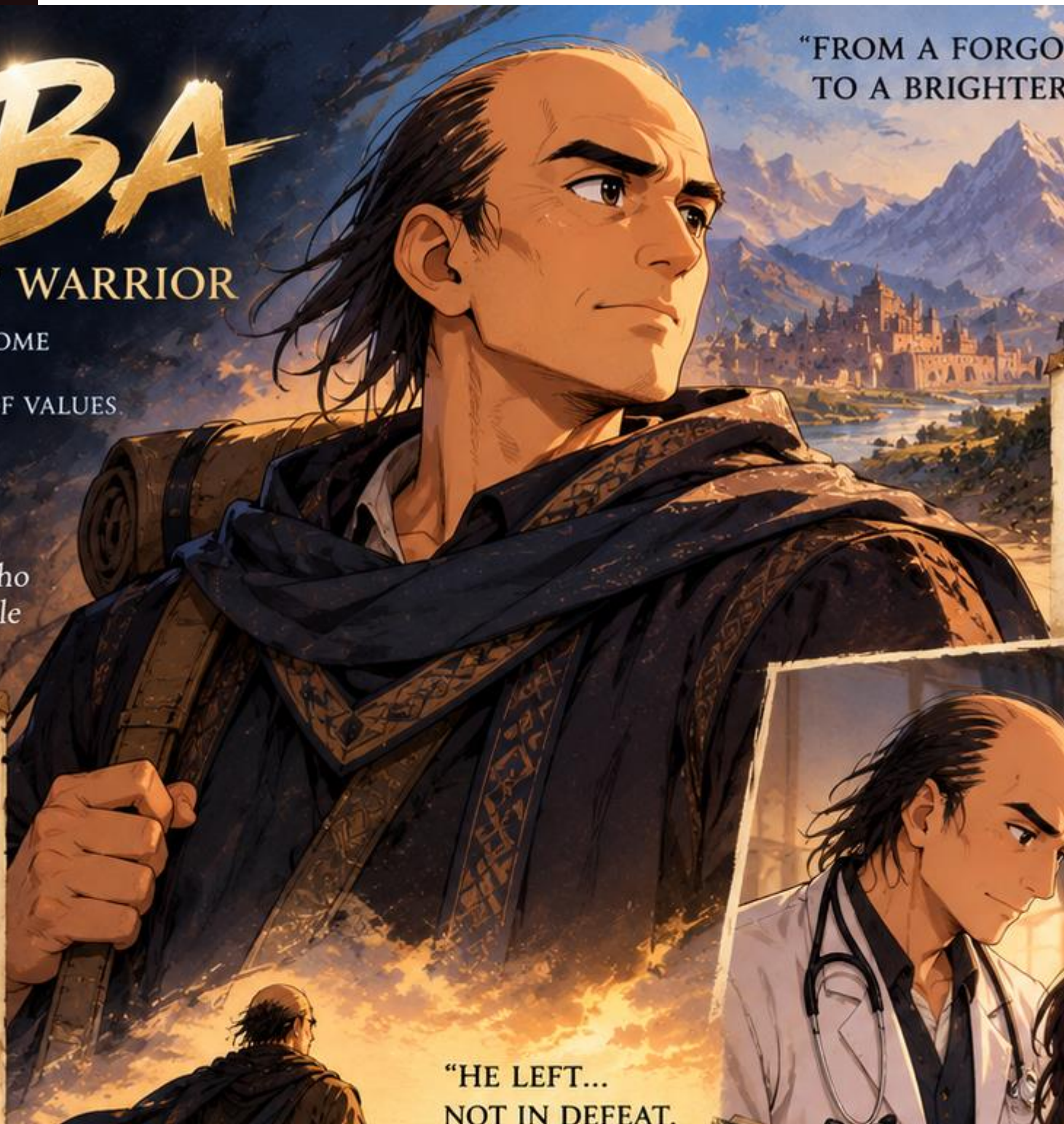
Greatest Strength:  
Putting Family First



Legacy: QuAbi

"FROM A FORGO  
TO A BRIGHTER

"HE LEFT...  
NOT IN DEFEAT.



EPILOGUE

# The Golden Tree Is Still Growing

*Every ending is another beginning.*

"Some of  
we plan  
to beco  
Then  
will s

Plant  
today...  
A brighter  
tomorrow  
for many.

— MAA

Dream  
Learn  
Serve

Kind  
Hearts  
Brighter  
Tomorrows  
♡



A JOURNEY OF COURAGE, KNOWLEDGE & HEALING

# MAA

## THE HEART WARRIOR

— FROM DUST TO DREAMS —

*“Every great journey  
begins with a single dream.”*

— MAA

DREAM  
STUDY  
SERVE  
HEAL



## CHAPTER 22

# MAA

## THE YEAR OF SURRENDER

FOUR WORLDS... ONE FAMILY...  
A DEEPER JOURNEY

Sometimes the biggest  
adventure is not about  
going further...  
but about letting go...  
and trusting a Bigger Plan."

— MAA

New places...  
New lessons...  
The same mission...  
A better me.

DUBAI  
MAKKAH  
MADINAH  
UK

AND BACK  
WITH A CLEARER  
HEART

### 1. DUBAI - THE CITY OF MIRRORS

A new world of opportunities...  
Tall buildings, bigger dreams...  
But also bigger questions...  
What truly matters?

"Ambition is good...  
but direction matters."

— MAA

### 3. MADINAH - THE CITY OF PEACE

A different kind of calm...  
Sakinah for the soul.  
Time to reflect...  
Time to be thankful...  
Time to be a better husband,  
father and human being.

PEACE  
PATIENCE  
FAMILY  
FAITH

A BRIGHTER TOMORROW

### 4. UNITED KINGDOM - A NEW CHAPTER

A new environment...  
New schools, new routines...  
Exciting, but challenging.  
Not every opportunity  
must become your destination.

Sometimes walking away  
requires more courage  
than continuing.

— MAA

### 6. THE DECISION - TURNING HOME

Not a failure...  
Not the end

Sometimes

Lessons from the Journey

## CHAPTER 23

# MAA

THE VISION AWAKENS

BUILDING A BRIGHTER PAKISTAN,  
TOGETHER

- ➔ ONE FAMILY
- ➔ ONE PURPOSE
- ➔ MANY HEARTS

MAA  
The Heart Warrior

QuAbi  
The Magical  
Chocolate Girl

MAA1  
The Curious  
Explorer

MAA2  
The Little Comet

## 1. RETURN TO PAKISTAN – A NEW BEGINNING

Home is not just  
a place... it is  
a purpose.

Islamabad  
Our Home ❤️

## 3. WRITING BOOKS – KNOWLEDGE THAT TRAVELS



## 4. MY CHILD HEART FOUNDATION – HOPE FOR EVERY CHILD



## 5. MENTORING YOUNG DOCTORS – MU



## 7. CARING FOR ROOTS



## 8. SOCIAL CHANGE – BEYOND MEDICINE



## 9. T



## CHAPTER 21

# MAA

**TWO YEARS AT RIC RAWALPINDI**  
LEARNING, SERVING, GROWING  
ONE HEART AT A TIME

**RIC**  
RAWALPINDI INSTITUTE  
OF CARDIOLOGY

CARE  
COMPASSION  
EXCELLENCE  
FOR A HEALTHIER  
PAKISTAN

A new chapter begins...  
At RIC Rawalpindi,  
MAA steps into a  
bigger responsibility.  
Same mission...  
Tiny hearts, brighter  
tomorrows.

### 1. A DAY AT RIC

Echo after echo...  
Each child a new story.  
Each image a new lesson.  
Pattern, anatomy,  
flow, decision —  
Again.

The heart  
never stops teaching.  
— MAA

### 2. TINY

### 3. TEACHING THE NEXT GENERATION

Not just reporting...  
But teaching how to see.  
Start with anatomy.  
Understand before you  
label. Help others grow.

A teacher multiplies  
his knowledge.  
— MAA

### 4. A STRONG TEAM

TEAMWORK  
BETTER CARE  
HAPPIER FAMILIES

Pediatricians, surgeons,  
intensivists, nurses, technicians...  
A team for every child.  
Alone we do little.  
Together we do much. — MAA

### 5. FAMILIES AND HOPE

Bel  
is  
qu  
Cle  
giv

Some  
treat

### 7. TWO YEARS, A THOUSAND LESSONS

Long days...  
More patients...

### 8. LOOKING AHEAD

Rawalpindi taught me

Same mission